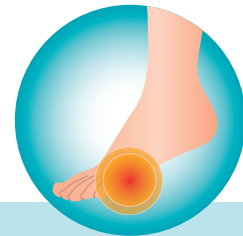




Sbella®
雪碧蘭

美國強效「消風痛寧」片 Sbella® PURINAL FORTE TABLET

100% 純天然草本製劑



甚麼是風痛和尿酸？

風痛是因為嘌呤(Purine)生物合成代謝增加而尿酸過多或尿酸排泄不良而引起尿酸血症，長期有高尿酸血症的人，尿酸鹽形成沉積在關節內，皮下組織及腎臟等部位，導致身體免疫系統過度反應(敏感)而造成關節炎等痛症。患者會在半夜睡中痛醒，大姆趾或膝蓋關節不舒服，痛到不能行走。這因為身體內積存高尿酸太多會影響腳部的關節，如足踝關節，膝關節，肘及腕部關節。當風痛發作時，關節會出現紅腫，灼熱及疼痛主要現象。風痛症可以發生在任何年齡，但以中年男性較為常見，尤以肥胖，嗜酒，失眠及情緒不穩定的人較多。

「消風痛寧」每粒含主要成份：

芹菜籽精華……………70毫克
南非鈎藤……………350毫克



芹菜籽精華是傳統上用於舒緩尿酸過多，類風濕關節炎及風痛徵狀，它俱有消炎止痛和利尿功效。



南非鈎藤是南非的傳統天然草本，利用它的根或塊莖萃取其有效成份用於關節痛症，如對關節炎，風痛，俱有特效。

建議劑量及服用方法：成人每日服1次，每次1片，餐時服食或依照醫生指示。

注意：懷孕或哺乳期婦女是不適宜服用。

本產品符合美國食品及藥物管理局(FDA)認證及優良生產規範(GMP)藥廠製造



飲食需要注意什麼？

風痛暫時還不能根治，但適當的使用藥物及節制飲食，是可減低復發的機會。患有風痛的人應嚴格控制個人的飲食，主要目的在於減輕血液中尿酸含量，患者應減少進食含高量嘌呤的食物，例如：硬殼果(如花生、腰果、胡桃等)、鮑魚、鴨、鵝、雞肝、牛肝、肝腸、貝殼食物、扁豆、沙甸魚、胰臟、牛腎、菠菜、黃豆食物、蘑菇、三文魚、椰菜花、羊肉、蠔、蟹、龍蝦、豬肝、豬腰、鱈魚等等。此外，還要多飲水，因為水可助尿酸排泄，每天最少飲6至8杯水。患者應戒除酒精類的飲品，適宜多做運動，保持理想體重。

包裝：每瓶60粒

貯存：存放於暗涼處，在25°C以下

總代理：永裕(香港)貿易有限公司

出品：美國歐納天然營養食品(GMP)大藥廠製造

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「雪碧蘭」Sbella® 註冊商標編號06759

中文譯本只供參考



What is Arthritis and Uric Acid?

Arthritis is an arthritic disease in which increase level of uric acid in the bloods is resulted from the ineffective metabolism of purine.

Hence, high intake of food containing purine can overproduce uric acid of the level of uric acid in the body is higher than the normal level that can be excreted by the kidneys, excess uric acid will be precipitated and may damage the joints, kidney and tissues.

Who is most likely susceptible of Arthritis?

Arthritis occurs in every age is seen more commonly in middle-age men, especially of obesity, high alcohol consumption, insomnia and anxiety.

Ingredients Description

Cat's Claw (Uncana Tomentosa) has been in Africa and German medical clinic have shown that this plant has strong anti-inflammatory properties and is extremely helpful for sufferers of arthritis and inflammatory diseases, Cat's Claw (Uncana Tomentosa) helpful to reduce swelling relieve pain and diuretic, improve motility in joints.

Celery Seed extract (Apium Graveolens) is traditionally use to relieve joint pain and diuretic properties.

Supplement Facts

	Serving 1 tablet	Serving per container 60	
		Amount per Serving	% Daily Value
Celery Seed extract (Apium Graveolens)	70 mg	70 mg	*
Cat's claw bark powder (Uncana tomentosa)	350 mg	350 mg	*

* Daily Value Not Established

OTHER INGREDIENTS: Dicalcium Phosphate, Modified Cellulose, Vegetable Stearates, Silica, Glycerine

Suggested Usage:

Adults take one (1) tablet daily preferably with a meal or as recommended by a physician.

CAUTIONS:

DO NOT USE IF YOU ARE PREGNANT OR NURSING.

What do you need to pay attention to?

There is no perfect eradication for Arthritis, but medication and proper diet control can reduce the chance of recurrence. Reduce food with high purine is advisable. They are some seafood (e.g. sardine, abalone, oyster, crab, lobster, etc), animal internal organs, beans, nuts, spinach, mushroom, etc. In addition, daily consumption of 6-8 glasses of water is advisable as water helps to excrete uric acid out of the body. Individuals should reduce or avoid alcohol intake, do more exercise, and maintain appropriate body weight.

KEEP OUT OF REACH OF CHILDREN

Packing: Bottle of 60 tablets.

Storage: Store below 25°C.

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